



# BSC FUN DAY

## Sunday, February 25<sup>th</sup>, 2018




**MISSION STATEMENT:** *To have skaters participate in a positive and fun environment*

### General Information

- This is a special event that is hosted by Burlington Skating Centre to encourage all level of skaters to have opportunity to highlight their skills in a positive and fun environment.
- All skaters will receive a certificate of achievement and a participation gift
- Deadline for submitting application is **Wednesday, February 14<sup>th</sup>, 2018.**

### Day of Competition

- Approximate time commitment is two hours.
- Schedule and groupings are dependent on registration and will be posted at Appleby Pad #4 and the website the week of event
- Skaters will be categorized based on the highest badge or test passed as of Jan 31, 2018
- Skaters do not need to purchase a skating outfit for the fun day
- Program Assistants will handle on ice direction
- Judging will be performed by Senior/Competitive and Adult Skaters.


List of elements on reverse 



SKATER'S NAME \_\_\_\_\_ AGE \_\_\_\_\_

SKATING DAY OF WEEK \_\_\_\_\_ GROUP COLOUR \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ Email \_\_\_\_\_

Event	 the event you are entering	Fee
Pre-CanSkate / Pre-School Elements		
CanSkate Elements		
Star 1 Element & Creative Expression Routine (Passed stage 6)		

**FEE :** \$20.00 per event

Cheque

Cash

Parent's Signature \_\_\_\_\_ Skater's Signature \_\_\_\_\_

**Please make cheques payable to Burlington Skating Centre**

Drop off forms at the BSC Office @ Appleby Pad #4 or give to Mike Tokaryk by **Feb 14<sup>th</sup>, 2018.**

**\*\*Late registrations will not be accepted\*\***

For more information contact Deb Britten at [bsc@burlingtonskatingcentre.ca](mailto:bsc@burlingtonskatingcentre.ca).  
For additional registration forms & event schedule please see [www.burlingtonskatingcentre.ca](http://www.burlingtonskatingcentre.ca)



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### Skaters will perform all 3 elements listed in skating order

#### 1) Pre-Canskate (Stage 1)

- Forward skating
- 2 foot jump on the spot
- Skate and touch your toes

#### 2) Canskate Stage #2 (passed Stage 1)

- Forward skating
- Forward one foot glide
- 2 foot jump while skating forward

#### 3) Canskate Stage #3 (passed Stage 2)

- Forward double skulling
- Backward skating
- Forward snow plow or ½ snowplow stop

#### 4) Canskate Stage #4 (passed stage 3)

- Forward 2 foot slalom through cones
- Backward 2 foot jump while skating
- Backward double skulling

#### 5) Canskate Stage #5 (passed stage 4)

- Forward one foot glide on a curve ( 80 feet)
- 2 foot spin
- Forward spiral

#### 6) Canskate Stage #6 (passed stage 5)

- Forward power jump (Bunny Hop)
- Forward crossovers both directions
- Backward spiral

#### 7) Star 1 - (Passed Stage 6)

##### Element & Creative Expression Routine

##### Elements

- Waltz Jump
- One foot spin
- Shoot the duck

##### Creative Expression

- 30 sec of interpreting music.